

DIOCESE OF MIDDLESBROUGH

ADULT FORMATION

Newsletter Summer 2026

The Well: A Day of Reflection For Catechists

Back in January we welcomed over 50 Catechists from across the Diocese of Middlesbrough to The Well: a day of reflection for catechists. It was an opportunity to reflect on what it means to be a catechist and the role they have helping people to encounter Christ.

Participants were able to reflect on their own journey of faith and consider how their experiences can shape their catechesis. There was also an opportunity to discuss and share best practise from with others different parishes.



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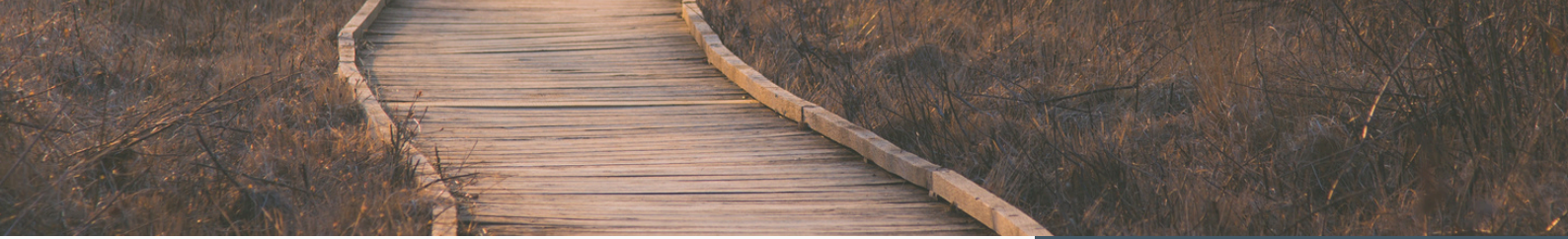
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Catechist Formation

NEW FORMATION PATHWAYS

The Diocese of Middlesbrough Adult Formation Team is offering two new Catechist Formation Pathways to support those involved in parish catechesis.

Both pathways will provide a supportive learning community, content grounding in Catholic teaching, and practical tools for parish ministry. ultimately will lead to an increase in confidence in leading catechesis. We hope this will be an opportunity for catechist to grow in faith whilst being formed to lead others to encounter Christ.



Pathway 1 introduces the essential principles of catechesis and nurtures confidence in new or developing catechists. This pathway will begin on **Thursday 7th May**.

Pathway 2 will deepen knowledge of the Catholic Faith and strengthen the skills needed for effective catechesis. This pathway will be run in the autumn.

Through a combination of online and in person sessions the Catechist Formation Pathways will provide support to grow in confidence, deepen understanding and strengthen the capacity of catechists to accompany others on the journey of discipleship.

Catechists themselves must be formed so that they are able to transmit not only a teaching but also an integral Christian formation, so that they are simultaneously teachers, educators, and witnesses of the faith.

DIRECTORY FOR
CATECHESIS NO. 237



Diocese of Middlesbrough
Adult Formation

CATECHIST FORMATION

PATHWAY 1

Encountering Christ | Exploring Catechesis | Fundamentals of Catechesis | Equipped for Mission



Explore essential principles of catechesis & grow in confidence as a catechist



Every two weeks beginning 7th May 2026



3 online sessions and one in person afternoon



adultformation@rcdmidd.org.uk for more details

Catechists themselves must be formed so that they are able to transmit not only a teaching but also an integral Christian formation, so that they are simultaneously

Walking Together

A WORKSHOP FOR CATHOLIC PARISHES

After Easter we will be launching a brand new workshop for parishes **Walking Together: exploring accompaniment as a tool for mission**. This interactive session will invite parishes to reflect on how they journey with each other and those on the edges of their community.

Accompaniment is a tool for building up and equipping missionary disciples who can confidently share the faith with others and discern how the Lord is inviting them to build up His Kingdom in their particular location.

If you would like to host this workshop in your parish or for a group of neighbouring parish get in touch with Nicola.



Walking Together

Exploring accompaniment as a tool for mission

Join Nicola, Emma and Fr Phil as they



Journey to Easter

A podcast from Diocese of Middlesbrough Adult Formation

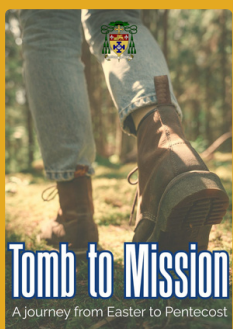
We thought we would try something a little different this Lent so we launched a podcast! Thank you to everyone who has commented and sent messages of support. We hope to bring you new episodes in the near future.

It's not too late to listen. You can find episodes on [Apple](#), [Amazon](#), [Spotify](#) and the [Adult Formation website](#).



The Church will have to initiate everyone into this “art of accompaniment” which teaches us to remove our sandals before the sacred ground of the other.

POPE FRANCIS, EVANGELII GAUDIUM, 169



TOMB TO MISSION

A JOURNEY FROM EASTER TO PENTECOST

Launched on Easter Sunday, this joint venture between Diocese of Leeds and Diocese of Middlesbrough Adult Formation will provide resources and reflections for Eastertide. We will follow the journey of the disciples from the joy of the resurrection to being commissioned and equipped for mission - recognising that we have been given the same task. Content will be posted on our social media accounts and the Adult Formation website.



Middlesbrough Diocese
Adult Formation

Family

Retreat

St George's Church, Scarborough

An opportunity for families from across the diocese to meet, learn, pray and enjoy the beautiful Yorkshire coast.

Bring a picnic lunch

Refreshments Provided

Sessions for parents and children

Family friendly prayer

Grow in Faith Together

Saturday
27/06/2026
12- 3.30PM

To book contact: adultformation@rcdmidd.org.uk



The God Who Speaks

ENCOURING CATHOLICS TO DEEPEN THEIR LOVE OF SCRIPTURE

The God Who Speaks is a major initiative from the Catholic Bishops' Conference of England and Wales (in partnership with the Bible Society) encouraging Catholics to celebrate, live and share the Word of God.

The website offers: free parish resources and Bible study materials, seasonal reflections, liturgical resources, posters, downloadable materials, prayer guides and practical tools for everyday faith. Find out more: www.godwhospeaks.uk



Celebrate Family Packs

CONNECT WITH GOD, YOUR FAMILY AND OTHERS

CELEBRATE Trust has produced a variety of activity packs based on the liturgical seasons of the Church as well as some key areas of focus for families – do take a look as you will find a huge range of ideas and links to help you, your children and your teenagers. These can also assist with ideas for children's liturgy, youth groups, schools and parishes.

Find our more: www.celebratetrust.org/onlinefamilyactivitypacks



Ambassadors For Christ

APOLOGETICS FOR CATHOLICS

In response to a growing interest in the Catholic faith, the Archdiocese of Southwark has launched Ambassadors for Christ, a landmark apologetics project. This video series is designed to equip you with a deeper understanding of your faith, so you can confidently answer questions and be a joyful witness for the Lord Jesus and his Church.

Ambassadors for Christ is perfect for RCIA classes, parish study groups, confirmation classes, families, teachers in their delivery of religious education, school groups, chaplaincy groups and many more!

Find out more: www.rcaos.org.uk/mission/ambassadors-for-christ

WeBelieve Festival

A CATHOLIC FESTIVAL FOR THE WHOLE FAMILY

Join Catholics from across the nation from 24th-27th July, 2026 at the historic and beautiful setting of St Mary's College, Oscott for a feast of the True, the Good and the Beautiful.

Encounter the apostolic Catholic faith, ancient and new, proclaiming Truth and hope to our searching world. Be transformed by Christ through the Church's holiness, the sacraments of healing, and the living witness of the saints. Discover the radiance of the universal Church, where myriad traditions and charisms reveal a faith for all peoples.

Find out more: www.webeliefefestival.com

