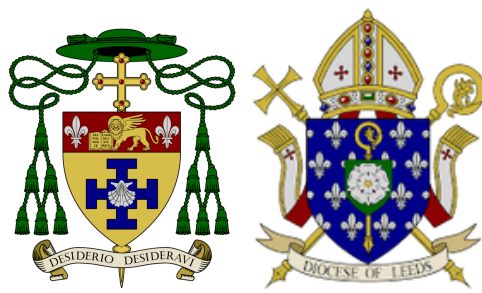




# Tomb to Mission

A journey from Easter to Pentecost



# ASCENSION

Go therefore and make disciples of all nations  
Matthew 28: 19

These final words of Jesus in Matthew's Gospel are both a command and a promise. When Jesus says, "Go," he invites us outwards, to step beyond what is familiar, to bring the Good News into the ordinary places of our lives. The Gospel is not something to be kept quietly; it is meant to be shared.

To "*make disciples*" means more than gaining followers or teaching religious facts. A disciple is someone who learns from Jesus and shapes their life around his example. We help make disciples when we reveal Christ's love through our actions. Through compassion, forgiveness, generosity, and patience. Our lives become the most powerful teaching tool we have.

Jesus' command extends "*to all nations,*" reminding us that God's love is for everyone. No one is beyond the reach of grace. Today, going to "all nations" might mean reaching out to someone who feels alone, speaking kindly in a tense situation, or showing faith in the face of uncertainty. Every place we find ourselves becomes a space where the Gospel can take root.

Most importantly, Jesus gives us this mission with a promise: "*I am with you always.*" We are never sent alone. Christ accompanies us, strengthens us, and works through us - even in small moments that may seem unnoticed.

This passage invites us to reflect: How can I share Christ's love today?  
Where is Jesus calling me to go?

When we answer with trust, we continue the mission begun by the first disciples, bringing hope and light to the world.

**#GospelReflection**