

# WHO IS IT FOR?

## Pathway 1

- New catechists
- Catechists who want to refresh their knowledge and practice

## Pathway 2

- Those who have completed Pathway 1
- Experienced catechists looking to deepen their understanding

# NEXT STEPS

To register your interest, or to find out more about dates, venue and book details, please contact:  
Diocese of Middlesbrough Adult Formation  
Email: [adultformation@rcdmidd.org.uk](mailto:adultformation@rcdmidd.org.uk)



Diocese of Middlesbrough  
Adult Formation

# CATECHIST FORMATION PATHWAYS



Diocese of Middlesbrough  
Adult Formation

# PATHWAY 1

## Aim

To introduce the essential principals of catechesis and nurture confidence in new or developing catechists.

## Sessions

- Encountering Christ
- Exploring Catechesis
- Fundamentals of Catechesis
- Equipped for Mission

## Structure

Session 1-3 will be on an evening via Zoom. The final session will be an in-person afternoon, ending with Mass and the presentation of certificates.

# HOW IT WORKS

Through a combination of online and in person sessions the *Catechist Formation Pathways* will support you to grow in confidence, deepen your understanding and strengthen your capacity to accompany others on the journey of discipleship.

Each session will include

- Prayer
- Practical examples and application to parish-based catechesis
- Discussion and evaluation

Pathway benefits

- Solid grounding in Catholic teaching
- Confidence in leading catechetical sessions
- Growth in your own spiritual life
- Practical tools for parish ministry
- Supportive learning community across the diocese

# PATHWAY 2

## Aim

To deepen knowledge of the Catholic Faith and strengthen the skills needed for effective catechesis.

## Sessions

- Fundamentals of Faith
- The Word of God
- Prayer and Liturgy
- Living the Faith
- Intentional Accompaniment
- Catechesis in Action

## Structure

Session 1-5 will be on an evening via Zoom. The final session will be an in-person afternoon, ending with Mass and the presentation of certificates.